

SACRED HEART CATHOLIC COMMUNITY

28th Sunday in Ordinary Time - 11 October 2026

❖ Akita Pilgrimage - October 11-13

We are headed to Akita where there is a convent with a statue of the Blessed Virgin Mary which has become a pilgrimage destination in Japan. I will go up on Sunday evening and come back on Tuesday evening, celebrating Mass at the convent on Monday and Tuesday. If you are interested, please let us know at <https://akita.yokosukacatholic.org>



❖ Team Leaders and Members Needed!

Please consider joining or even leading one of the parish teams listed on the inside of the bulletin. Contact the team leaders or Helen or Father Adam if you see something that you are interested in volunteering to help with. We especially need people for Fellowship Team (arranging donuts and coffee and potlucks after Mass), Family Team (helping with ἀγάπη), Social Team (welcoming new families), and CCD Team (helping prepare materials during the week for Sunday CCD). And all the teams will welcome new volunteers to help. If you have talents or interests that do not seem to fall into any of these teams, please talk with Helen or Father Adam. We always are looking for people who are good at crafting or carpentry or sewing or art.

❖ Who is ἀγάπη for?

Our Wednesday evening Catechesis is for many different situations. It is for parents who want to learn what to teach their children. It is for CCD teachers to better prepare for the next Sunday. It is for people in OCIA who want to become Catholic. It is for Catholic adults who want to be Confirmed. It is for high school students who want to continue learning after their Confirmation. It is for adults without children who want a refresher in the basics of the faith. It is for anyone who wants to join members of all these groups in the prayer, social time, meal, and catechesis.

- **Chaplain** *+1-202-860-7073 father@yokosukacatholic.org*
 Father Adam McMillan
- **Community Coordinator** *cc@yokosukacatholic.org*
 Helen Hansen

Organizations

- **Catholic Women's Group** *cwg@yokosukacatholic.org*
 To support the parish and each other as Catholic women of faith
 President: Jamie McHaney VP of Events: Carmen Williams
 VP of Faith Studies: Kathy Nakayama Secretary: Nuncia Pastore
- **Knights of Columbus** *knights@yokosukacatholic.org*
 Together, we're empowering Catholic men to live their faith
 Grand Knight: Joseph de la Cruz Deputy Grand Knight: Greg Juday

Liturgical Teams

- **Server Teams**—MoST (Sacristan Girls): Beth de la Cruz *most@yokosukacatholic.org*
 BoST (Altar Boys): Rob Garcia *bost@yokosukacatholic.org*

MoST will meet this week, Wednesday 1600-1630. All girls 8-18 are invited.
 BoST will meet next week, Wednesday 1600-1630. All boys 8-18 are invited.
- **Ministry Team**—Mass Directors: Harry Ganteaume *directors@yokosukacatholic.org*
 Lectors: Joseph de la Cruz *lectors@yokosukacatholic.org*
 Ushers: Aaron McHaney *ushers@yokosukacatholic.org*
 EMHC: Bernie San Nicolas *emhc@yokosukacatholic.org*
- **Music Team**—Music at liturgies: *music@yokosukacatholic.org*
 Tamami Hatakeyama & Josell Spracklin

Contact the Music Team to learn about joining the choir or being a cantor.
- **Prayer Team**—Adoration, Mass Intentions, Prayer Requests *prayer@yokosukacatholic.org*
 Linda Torrez & Melinh Keller

We are looking for Eucharistic Guardians to commit to a weekly Adoration time.
 Please send your Mass Intentions and Prayer Requests to our email.

Cultural Teams

- **Filipino Team**—Filipino Events, e.g. Simbang Gabi *filipino@yokosukacatholic.org*
 Lea Kelly
- **Latino Team**—Latino Events, e.g. Our Lady of Guadalupe *latino@yokosukacatholic.org*
 Julee Taylor
- **Japanese Team**—Connection to Catholics in Japan *japanese@yokosukacatholic.org*
 Yuumi Smutny & Chisato Genao

Sacrament Preparation Teams

- **Evangelization Team** – OCIA, Book Clubs *evangelization@yokosukacatholic.org*
Peter McDonald & Jon Stockton

If you are interested in becoming Catholic or are Catholic but still need to receive Baptism or Confirmation, please sign-up at ocia.yokosukacatholic.org to receive information on how to do that. Classes are Wednesdays 1700-2000.

- **Family Team** – ἀγάπη and Summer Camps *family@yokosukacatholic.org*
OPEN – leads are needed!
- **Matrimony Team**—Wedding Preparation & Planning *matrimony@yokosukacatholic.org*
Aura San Juan & Carolina Juday

Whether newly engaged or civilly married for years, if you haven't received the Sacrament of Matrimony, register at <https://wedding.yokosukacatholic.org>

- **CCD Team** – Teachers & Assistants to the CRE *CCD@yokosukacatholic.org*
OPEN – leads are needed!

Register at <https://re.yokosukacatholic.org>



Sign up to teach at <https://teacher.yokosukacatholic.org>

Service Teams

- **Beauty Team** – Flowers and Decorations *beauty@yokosukacatholic.org*
Megan Damatta
- **Fellowship Team** – Parish fellowships *fellowship@yokosukacatholic.org*
OPEN – leads are needed!
- **Finance Team** – Budgeting, Fundraising, Spending *finance@yokosukacatholic.org*
Chair: Scott Welch Secretary: Beth de la Cruz ROF Representative: Harry Ganteaume
Members: Carmen Tainatongo, Deo Pineda, Ruel Binonwangan

Religious Offering Fund	<i>Income:</i>	Collection	\$ 2178
2-9 October 2026	<i>Expenses:</i>		

- **Garden Team** – Marian Garden *garden@yokosukacatholic.org*
Kathy Nakayama, Nancy Linskens & Samantha Guanga
- **Media Team** – Parish Magazine, Photographs, Communications *media@yokosukacatholic.org*
Diane Sebastiano & Kara Misiak
- **Outreach Team** – Corporal Works of Mercy *outreach@yokosukacatholic.org*
Julee Taylor & Rebecca Welch
- **Sacristy Team** – Maintaining Catholic spaces *sacristy@yokosukacatholic.org*
Carmen Tainatongo & Bernie San Nicolas
- **Social Team** – New Parishioners Welcome and Registration *social@yokosukacatholic.org*
OPEN – leads are needed!

New or not connected yet? Please sign in at new.yokosukacatholic.org

Saturday (28th Sunday in Ordinary Time)

- 1600 Confessions *(also 25 minutes before every Mass or anytime by asking Father)*
- 1700 Mass
Introit: If you, O Lord, should mark iniquities, Lord, who could stand? But with you is found forgiveness, O God of Israel.
Communion: The rich suffer want and go hungry, but those who seek the Lord lack no blessing.

Sunday (28th Sunday in Ordinary Time)

- 0800 Mass
- 1110 Mass for the people of Sacred Heart
(For antiphons, see Saturday)

Wednesday (Votive of the Holy Spirit A)

- 1200 Exposition of the Blessed Sacrament
- 1600 MoST
- 1620 Vespers
- 1635 Benediction
- 1700 Mass
Introit: The love of God has been poured into our hearts through the Spirit of God dwelling within us.
Communion: Confirm, O God, what you have brought about in us, from your holy temple, which is in Jerusalem.
- 1740 ὁγάπη Family Catechesis
- 1910 OCIA Discussion Group

Thursday (Memorial of Saint Teresa of Jesus, Virgin and Doctor of the Church)

- 1200 Mass
Introit: Like the deer that yearns for running streams, so my soul is yearning for you, my God; my soul is thirsting for God, the living God.
Communion: I will sing for ever of your mercies, O Lord through all ages my mouth will proclaim your fidelity.

Friday (The Most Sacred Heart of Jesus)

- 1700 Mass
Introit: The designs of his Heart are from age to age, to rescue their souls from death and to keep them alive in famine.
Communion: Thus says the Lord: Let whoever is thirsty come to me and drink. Streams of living water will flow from within the one who believes in me.

Saturday (29th Sunday in Ordinary Time)

- 1600 Confessions *(also 25 minutes before every Mass or anytime by asking Father)*
- 1700 Mass for Onara, Carlos, Juanita⁺, Adolfo⁺
Introit: To you I call; for you will surely heed me, O God; turn your ear to me; hear my words. Guard me as the apple of your eye; in the shadow of your wings protect me.
Communion: The Son of Man has come to give his life as a ransom for many.

Sunday (29th Sunday in Ordinary Time)

- 0800 Mass
- 0915 CCD
- 1110 Mass for the people of Sacred Heart
(For antiphons, see Saturday)

Notes: No CCD this Sunday due to Columbus Day Weekend.
No Mass Monday or Tuesday due to Akita Pilgrimage